2007 HONDA CRF150F

Maintenance schedule · tick each job as it's done

TIMELINE · MILES ON THE METER

		DATE	MILES
100 mi	☐ Change engine oil *(first)*		
600 mi	☐ Change engine oil ☐ Clean air filter ☐ Inspect spark plug		
1,200 mi	☐ Change engine oil ☐ Clean air filter ☐ Inspect spark plug		
1,800 mi	☐ Change engine oil ☐ Clean air filter ☐ Inspect spark plug		
2,400 mi	☐ Change engine oil ☐ Clean air filter ☐ Inspect spark plug		
3,000 mi	☐ Change engine oil ☐ Clean air filter ☐ Inspect spark plug		
3,600 mi	☐ Change engine oil ☐ Clean air filter ☐ Inspect spark plug		

SCHEDULE

Change engine oil
First at 100 mi or 1 month, then every 600 mi or 6 months

Clean air filter
Every 600 mi or 6 months

Inspect spark plug
Every 600 mi or 6 months

For reference only. Compiled from the manufacturer's owner's manual; it may contain errors and is not a substitute for it. Always follow your own manual and a qualified mechanic. FindMyDirtBike is not affiliated with Honda and accepts no liability for use of this sheet (findmydirtbike.com/terms).

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Garage specs: fluids, plug, chain, tires and torques

FLUIDS

Oil type	10W-30
Engine oil	1.1 US qt (1.0 L)
Fuel capacity	2.17 gal

SPARK PLUG

Spark plug	NGK CPR8EA-9
Plug gap	0.031 - 0.035 in (0.80 - 0.90 mm)
Spark plug (for extended high speed riding)	NGK CPR9EA-9

CHAIN, SPROCKETS & TIRES

Chain size	520
Front sprocket	13T
Rear sprocket	48T
Front tire	70/100-19 NHS 42M
Rear tire	90/100-16 NHS 51M

TORQUE SPECS

Oil drain bolt	22 ft-lb (30 N·m, 3.1 kgf·m)
Front axle	54 ft-lb (73.5 N·m, 7.5 kgf·m)
Front axle pinch nuts	8.9 ft-lb (12 N·m, 1.2 kgf·m)
Rear axle nut	80 ft-lb (108 N·m, 11.0 kgf·m)

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