1990 HONDA XR200R

Maintenance schedule · tick each job as it's done

TIMELINE · MILES ON THE METER

		DATE	MILES
200 mi	☐ Change engine oil *(first)*		
1,000 mi	☐ Change engine oil ☐ Clean air filter ☐ Inspect spark plug		
2,000 mi	☐ Change engine oil ☐ Clean air filter ☐ Inspect spark plug		
3,000 mi	☐ Change engine oil ☐ Clean air filter ☐ Inspect spark plug		
4,000 mi	☐ Change engine oil ☐ Clean air filter ☐ Inspect spark plug		
5,000 mi	☐ Change engine oil ☐ Clean air filter ☐ Inspect spark plug		
6,000 mi	☐ Change engine oil ☐ Clean air filter ☐ Inspect spark plug		

SCHEDULE

Change engine oil
First at 200 mi, then every 1,000 mi

Clean air filter
Every 1,000 mi

Inspect spark plug
Every 1,000 mi

HARDER RIDING: SERVICE SOONER

Competition · every race: inspect engine oil, inspect air filter, inspect spark plug

For reference only. Compiled from the manufacturer's owner's manual; it may contain errors and is not a substitute for it. Always follow your own manual and a qualified mechanic. FindMyDirtBike is not affiliated with Honda and accepts no liability for use of this sheet (findmydirtbike.com/terms).

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Garage specs: fluids, plug, chain, tires and torques

FLUIDS

Engine oil	0.95 US qt (0.9 L)
Fuel capacity	2.4 gal

SPARK PLUG

Spark plug	NGK DR8ES-L
Plug gap	0.024 - 0.028 in (0.6 - 0.7 mm)
Spark plug (cold climate; below 5°C, 41°F)	NGK DR7ES

CHAIN, SPROCKETS & TIRES

Chain size	520
Front sprocket	13T
Rear sprocket	47T
Front tire	80/100-21 51M
Rear tire	100/100-17 58M

TORQUE SPECS

Front axle	48 ft-lb (65 N·m, 6.5 kgf·m)
Rear axle nut	70 ft-lb (95 N·m, 9.5 kgf·m)

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